

PERSONAL DETAILS

Surname: Yiannakopoulou
Name: Eugenia
Date of birth: 29/04/1970
City of birth: Athens
Nationality: Greek
Home Address: Manjagriotaki 82 17676 Kallithea Athens Greece

PRESENT STATUS

Scientific Associate (Faculty Staff, Assistant Professor with non permanent position) Department of Biomedical Sciences and Department of Midwives Faculty of Health and Caring Sciences; Department of Public Health Faculty of Public Health; Department of Biomedical Engineering Faculty of Engineering, University of West Attica, Athens, Greece www.uniwa.gr

Consultant General Surgeon-Subspecialties: Endocrine Surgery - Breast Surgery-Hepatobiliary Surgery Director of her own private medical practice Collaborating with Greek National Health Service Organisation (EOPYY)

CONTACT DETAILS

Private Medical Practice Address: Eleutheriou Venizelou 106 17676, Kallithea, Athens, Greece

Phone Number: 0030 2109563791, 0030 2109563761

Mobile: 00 306978065409

e-mail: nyiannak@teiath.gr; nyiannak@uniwa.gr

PREGRADUATE TRAINING

1988:

DEGREES

- **1988:** Lyceum Diploma from the 1st Lyceum of Kalamata Greece with the grade 19⁹/₁₁ and then after successful participation in National Exams, I started my studies in Medical School of University of Athens
- **1994:** MD Medical School University of Athens with grade “very good”
- **2002:** Hellenic National Board in surgery (CCST EQUIVALENT)
- **2002:** Diploma in Advanced Trauma Life Support ATLS
- **2003:** PhD in Pharmacology Medical School University of Athens with grade “excellent”
- **2004:** Msc Master of Science in Biostatistics Medical School and Department of Mathematics University of Athens, Department of Mathematics University of Ioannina with grade 7.90
- **2005:** Msc Master of Science in Medical Biology Medical School and Department of Biology University of Athens with grade 7.4
- **2005:** Diploma in Surgical Infections European Society of Surgical Infections
- **2005-2007** Postdoctoral Research Fellow in Laboratory of Pharmacology University of Athens with scholarship of the National Scholarship Foundation Research with subject “Role of salicylates in preconditioning in oxidative stress.
- **2008** Certificate of attendance School of Drug Design National Health Research Foundation
- **2009:** Msc Master of Science in Minimal Invasive Surgery, Laparoscopic Surgery and Robotic Surgery NKUA with grade excellent
- **2011** Certificate of attendance of Greek School of Mastology and Certificate of Success in the Exams of Greek School of Mastology (score 69/100)

UNIVERSITY POSTGRADUTE DIPLOMAS AWARDED IN FRANCE PRESENTIAL MODE

- **September 2010 ‘University Diploma in Laparoscopic Surgery’ awarded by the Medical School University of Strasbourg France**

Brief Course Description:The course curriculum included attendance of lectures and hands on training in experimental laboratory. The Diploma was awarded after successful participation in the exams and after successful evaluation of surgical skills obtained in the experimental laboratory.

- **2011-2012 Diplom Inter-Universitaire in Robotic Surgery by Medical School Nancy Poincare Ecole de Chirurgie France Validated**

Brief Course Description: The Course Curriculum was based on a blended form of presential and distance learning mode. The presential mode included two weeks of training in the Ecole de Chirurgie in Nancy, one week of attendance of European Congress and one week of training in a surgical clinic that performed robotic surgery. The two weeks of training in Nancy included lecture attendance, participation in the experimental laboratory, training in virtual reality robotic simulators as well as participation in robotic surgical operations performed in the University of Hospital of Nancy. **2012-2013 Diplom Universitaire Maladies du Sein awarded by the medical School University of Strasbourg, France**

- **2012-2014 Diplome Interuniversitaire en Chirurgie Endocrinienne et Metabolique Pierre et Marie Curie University Paris-6 France France**

UNIVERSITY POSTGRADUTE DIPLOMAS AWARDED IN FRANCE DISTANCE LEARNING MODE

- **2013-2014 Diplome Interuniversitaire Etudes des Maladies Inflammatoires Intestinales Chroniques France Medical School Pierre et Marie Curie University Paris-6 France**
- **2014-2015 Diplome Interuniversitaire Manifestations Dermatologiques des Maladies Systemiques Medical School Montpellier France**
- **2015-2016 Diplome Interuniversitaire Biotherapies Ciblees de Maladies Inflammatoires et Autoimmunes France Medical School Montpellier France**

UNIVERSITY POSTGRADUTE PROGRAMS AWARDED IN SPAIN DISTANCE LEARNING MODE

- **2016-2017 University Diploma ‘Ultrasound for Surgeons’ University of Zaragoza Spain**
- **2017-2018 08/07/2017- 08/02/2018 On line University Diploma ‘Experto Universitario en Cirugia Hepatobiliar Pancreatica University Cardenal Herrera CEU Spain Grade 7,85**
- **2018 19/03/2018 -19/09/2018 On line University Diploma ‘Experto en ecografia clinica y abdoaminal y musculoesceletica’ University Cardenal Herrera CEU Spain**
- **2018 On line University Diploma ‘Experto Universitario en Genetica Medica’ University Rey Juan Carlos**
- **2018-2019 On line University Diploma Cirugia Endocrina University Cardenal Herrera CEU Spain Grade 8,2**

- **2018-2019 On line Master Oncologia Digestiva University Cardenal Herrera CEU Spain In procees**
- **2019-2020 On line Master Medicina Intensiva University Cardenal Herrera CEU Spain In process**

CONTINUING MEDICAL EDUCATION

POSTGRADUATE COURSES IN GREECE

- **2000 Certificate of Attendance of 15th Series of Postgraduate Courses of the Hellenic Surgical Society**
- **2001 Hands On Course of Basic Laparoscopic Surgery** Laboratory of Experimental Surgery Medical School of Athens 28-30 March 2001 Three day Course The course included attendance of lectures, training in experimental laparoscopic surgery and training in laparoscopic cholecystectomy
- **2001 Certificate of Attendance of 16th Series of Postgraduate Courses of the Hellenic Surgical Society**
- **2002 Basic and Advanced Life Support Course** 6-7 April 2002
- **2002 ATLS Advanced Trauma Life Support Course** 19-22 April 2002
- **2002 Hands On Course of Advanced Laparoscopic Surgery** Laboratory of Experimental Surgery Medical School of Athens 24-26 April 2002
- **2002 Hands On Course of Laparoscopic Surgery** Hospital Red Cross Athens Greece
- **2002 Certificate of Attendance of 17th Series of Postgraduate Courses of the Hellenic Surgical Society**
- **2003 Certificate of Attendance of the 18th Series of Postgraduate Courses of the Hellenic Surgical Society**
- **2004 Certificate of Attendance of the 19th Series of Postgraduate Courses of the Hellenic Surgical Society**

PRESENTIAL POSTGRADUATE TRAINING ABROAD

- **June 2010 Postgraduate Course: Laparoscopic Surgery for gastrointestinal non trauma emergencies** Geneva Switzerland

- **September 2010** Laparoscopic General Surgery Intensive Course of EITS IRCAD Strasbourg France: *5 day course, that includes interactive theoretical and video sessions between faculty and course participants; hands-on training on live tissue (mini-pigs) in experimental lab.*
- **April 2011** Advanced Course in Digestive Surgery EITS IRCAD Strasbourg France Theoretical Session and Hands On Training
- **January 2012 Training in Robotic Surgery Nancy Poincare Ecole de Chirurgie France**
- **May 2012 Training in Robotic Surgery Nancy Poincare Ecole de Chirurgie France**
- **December 2012 Course of Senology Breast Unit Medical School University of Strasbourg France** Course Duration 1 week The Course included attendance of lectures, attendance of surgical operations, patient consultation in the Outpatient Unit, training in Breast Ultrasound, training in Mammography, training in the interventional diagnostic techniques in Breast Diseases ((FNA, TRU-CUT BIOPSY), training in MRI.
- **February 2013 Course of Senology Breast Unit Medical School University of Strasbourg France** Course Duration 1 week The Course included attendance of lectures, attendance of surgical operations, patient consultation in the Outpatient Unit, training in Breast Ultrasound, training in Mammography, training in the interventional diagnostic techniques in Breast Diseases ((FNA, TRU-CUT BIOPSY), training in MRI.
- **May 2013 Course of Senology Breast Unit Medical School University of Strasbourg France** Course Duration 1 week The Course included attendance of lectures, attendance of surgical operations, patient consultation in the Outpatient Unit, training in Breast Ultrasound, training in Mammography, training in the interventional diagnostic techniques in Breast Diseases ((FNA, TRU-CUT BIOPSY), training in MRI.
- **January 2013 Postgraduate Education in Endocrine Surgery France Pierre et Marie Curie University Paris-6 France France**
- **September 2013 Postgraduate Education in Endocrine Surgery France**
- **January 2014 Postgraduate Education in Endocrine Surgery France**
- **June 2014 Postgraduate Education in Endocrine Surgery France**
- **September 2016 Advanced Course Hepatobiliary and Pancreatic Surgery IRCAD Strasbourg France Theoretical Session and Hands On Training**

ON LINE COURSES

- **2016** On line Course of Major Ambulatory Surgery Spanish Surgical Society

- **2017** On line Course on Colorectal Cancer National Institute of Cancer Ministry of Health Argentina
- **2018** On line Course on Colorectal Cancer Prevention National Institute of Cancer Ministry of Health Argentina
- **2017-2018** On line Course on MENI, MENII and other Genetic Syndromes associated with endocrine tumors Spanish Society of Endocrine Surgery
- **2018** On line Course on Colorectal Cancer Prevention National Institute of Cancer Ministry of Health Argentina
- **2018** On line Course on Genetic Counselling in Oncology National Institute of Cancer Ministry of Health Argentina
- **2018-2019** Formacion multidisciplinar en Cancer de Tiroides
- **2019** On line Course on Benign Thyroid Disease Spanish Society of Surgery
- **2019** On line Course ‘Hereditary Cancers: How and when should be evaluated?’ National Institute of Cancer Ministry of Health Argentina

POSTGRADUATE EDUCATION IN BREAST SURGERY

Long Term Courses

- **2009-2010 Greek School of Mastology**

The School was organized by the Greek School of Mastology under the auspices of the International Society of Senology and included modules on imaging and pathology of breast diseases, diagnosis and treatment of benign breast disease, breast cancer, breast surgery: total mastectomies, breast conserving procedures, sentinel node procedures, axillary lymph node dissection, breast reconstruction after surgery, chemotherapy, hormonal therapy, radiation therapy.

- **2010 Success in the Exams of the Greek School of Mastology with grade 69/100**

Short Term Postgraduate Courses

- **2001** 5th Annual International Meeting and Postgraduate Course “Breast Cancer –From Diagnosis to Treatment”, Athens 29 September 2001 Organized by Prof Ch. Markopoulos
- **2005** 8th Annual Meeting and Postgraduate Course “Breast Cancer –Advances and Dilemmas I Diagnosis and Treatment”, Athens 22 October 2005 Organized by Prof Ch. Markopoulos

- **2006** 9th Annual Meeting and Postgraduate Course “Breast Cancer –Diagnostic and Therapeutic Advances, Athens 7 October 2006 -6 CME-CPD- Organized by Prof Ch. Markopoulos
- **2006** Postgraduate Course on “Advances in Hereditary Breast Cancer” Organized by Surgical Clinic Aretaio University Hospital – 3 CME-CPD
- **2006** Postgraduate Course on “Breast Disease-Breast Cancer” Organized by Hellenic Surgical Society 18 September 2006-3 CME-CPD
- **2006** Postgraduate Course on “Early Breast Cancer” Organized by Hellenic Surgical Society 19 September 2006-3 CME-CPD
- **2008** 11th Annual Meeting and Postgraduate Course “Dilemmas in Management of Early Breast Cancer” 11 October 2008 -6 CME-CPD- Organized by Prof Ch.Markopoulos
- **2009** Postgraduate Course on “Breast Cancer – Non palpable breast Lesion and management” Organized by Hellenic Surgical Society 19 January 2009-3 CME-CPD
- **2009** Postgraduate Course on “Breast Conserving Surgery” Organized by Hellenic Surgical Society 20 September 2009-3 CME-CPD
- **2009** 12th Annual Meeting and Postgraduate Course “Breast Cancer-Evidence Based Therapeutic Decisions” 17 October 2009 -6 CME-CPD- Organized by Prof Ch.Markopoulos
- **2010** 13th Annual Meeting and Postgraduate Course “Breast Cancer-Advances and Unanswered Questions” 2-3 October 2010 -9 CME-CPD- Organized by Prof Ch.Markopoulos
- **2011** 14th Annual Meeting and Postgraduate Course “Breast Cancer-Present and Future” 1-2 October 2011 -9 CME-CPD- Organized by Prof Ch.Markopoulos
- **2011** Postgraduate Course on “Breast Conserving Surgery plus 30 minutes Video” and “Axillary lymph node Dissection” Organized by Hellenic Surgical Society 12 December 2011-3 CME-CPD

Meetings-Congresses

- **2007** Two day meeting on “Dilemmas in Breast Cancer”30/11/2007 and 1/12/2007 organized by Breast Unit of Hippocrateio Hospital
- **2009** 11th Panhellenic Congress of Mastology Athens 2-4 April 2009-18 CME-CPD
- **2009** Two day meeting on “Breast Cancer-from Information gathering to Information synthesis” 4-5 December 2009, 10 CME-CPD
- **2010** Symposium of Clinical Oncology on “Hormones and Breast Cancer” Athens 7-8 May 2010, 12 CME-CPD

- **2010** Two day meeting on “Breast Cancer-Training, Research & Clinical Practice, 3-4 December 2010, 9 CME-CPD
- **2011** 12th Panhellenic Congress of Mastology, Kalamata 6-8 May 2011, 15 CME-CPD
Poster presentation of Abstract by the Applicant “Eugenia Yiannakopoulou Pharmacogenomics and targeted treatment of Breast Cancer –Systematic Review
- **2011** Congress on Breast Cancer, Athens, 2-4 December 2011, 9 CME-CPD
- **2011** Two day meeting on “Breast Cancer” 17-18 December 2011, organized by University Hospital Attiko, 10 CME

International Meetings

2009 Meeting “Expert Practice in Breast Cancer Management for Surgeons” Athens 7 November 2009, organized by Prime Oncology. This meeting has been endorsed by the European Society of Surgical Oncology

2009 5th Breast Symposium joined with NESAC Congress Athens May 2009

FOREIGN LANGUAGES

- **English: Certificate of Proficiency University of Cambridge-Registered teacher of English Language**
- **French:** Sorbonne I University of Paris Sorbonne
- **German:** Mittelstufe Goethe Institute
- **Italian:** Diploma della lingua Italiana
- **Russian:** Certificate of the Russian Institute Pouscin Moscow
- **Spanish** Certificate Linguaphone
- **Portuguese** Certificate Linguaphone
- **Dutch** Certificate Linguaphone

COMPUTER SKILLS

- **MICROSOFT AND WINDOWS ENVIRONMENTS**
- **WORD**
- **EXCEL**
- **POWER POINT**
- **ACCESS**
- **INTERNET**

STATISTICAL PROGRAMS

- SPSS
- STATA
- SAS

SCHOLARSHIPS, DISTINCTIONS

1. **2016-** Registered Research Program Reviewer of the General Secretary of Research and Technology Greek Ministry of Education
2. **2013** Prize for Best Oral Presentation 2nd Panhellenic and International Congress “From Basic Science to Clinical Practice for Urogenital Tract, Stomach, Pancreas, Brain Tumors and Soft Tissue Sarcomas Athens 12-13 April 2013
3. **2012** Travel Grant 20th EAES Congress Brussels
4. **2012** Grant of the Hellenic Surgical Society for postgraduate training in Robotic Surgery
5. **2011** Travel Grant 19th EAES Congress Torino Italy
6. **2011** Prize for Best Oral Presentation “2nd Balkan Venous Forum and 3rd Panhellenic Congress of Phlebology Athens 2011
7. **2010** Travel Grant 18th EAES Congress Geneva Switzerland
8. **2010** Young Investigator Award European Congress of Lymphology Athens Greece
9. **2008** Scholarship of Medical School University of Athens for studies in Msc of Minimally Invasive Surgery
10. **2008** Included in “Who is Who” Greece
11. **2005-2007** Scholarship of the National Scholarship Foundation for Postdoctoral Research in Laboratory of Pharmacology Medical School University of Athens with subject “Role of salicylates in preconditioning in oxidative stress”
12. **2003-2004** Scholarship of Academy of Athens for postgraduate studies in Epidemiology-Public Health, after successful participation in exams
13. **1989-1994** Scholarship of the University of Athens after successful participation n exams
14. **1992** Erasmus Scholarship • June-August /1992 Three month fellowship in Obstetrics-Gynaecology in Royal Free Hospital of London
15. **1991** Scholarship of the Hellenic Medical Student Association One month fellowship in Neurosurgery University Hospital of Odessa Ukania

Editor- Editorial Boards

2011-Associate Editor Journal of Toxicology Research ISSN: **0976-8769** & E-ISSN: **0976-8777**

2011- Member of Editorial Board IIOAB Letters

2010- Editor Continental Journal of Pharmacology and Toxicology Research

2010- Member of Editorial and Review Board IIOAB Journal

2010-Honorary Advisory Member Institute of Integrative Omics and Applied Biotechnology IIOAB India

2010- Associate Editor Journal of Pharmacology Research, ISSN: 0976–7134 & E-ISSN: 0976–7142

2010-Member of Editorial Board International Journal of Pharmaceutical Research and Innovation

2009-Advisory Editorial Board Scientific Journals International

2009- Member of Review Board Journal of Minimally Access Surgery

Editorial Board Member Pharmacovigilance

2015-Editorial Board Member Journal of Surgery and Surgical Research

2015- Editorial Board Member Biochemistry and Pharmacology

2015- Editorial Board Member Newsletter of the Greek Society of Basic and Clinical Pharmacological

2017- Editorial Board Member Journal of Obesity Treatment and Weight Management

2017- Editorial Board Member Journal of Vaccine Research

2017- **Executive Editor** International Journal of Immunotherapy and Cancer Research Heighten Science Publications Corporation

2017- **Executive Editor** Archives of Asthma, Allergy and Immunology Heighten Science Publications Corporation

2017-**Editor** Advances in Pharmacoepidemiology and Drug Safety,

2017-**Editor** Translational Surgery

2017- **Editor** Virulogy and Immunology

2017-**Editor** Gynaecology and Reproductive Endocrinology Allied Academies

2017- **Editorial Board Member** Annals of Breast Cancer Meddocs Publisher

2018- **Editorial Board Member** Advances in Clinical Endocrinology and Metabolism

Special Issues Editor ‘International Pharmacovigilance on Drug Monitoring, Drug Safety and Drug Surveillance’ Journal of Pharmacovigilance

Special Issue Editor Biosimilars Pharmacovigilance and Risk Management Journal of Pharmacovigilance

2018 Special Issue Lead Guest Editor Animal models of Breast Cancer for the Journal Breast Cancer: Basic and Clinical Research SAGES

2018 Special Issue Lead Guest Editor for the Journal Oxidative Medicine and Cellular Longevity

2019- Editorial Board Member Edelweiss Journals

2019- Editorial Board Member Clinical Pathology SAGES

2019-Editorial Board Member Journal of Modern Medicinal Chemistry Synergy Publishers

2019-Bentham Science Brand Ambassador

2019- Editor in Chief Journal of Surgery and Surgical Technology

2019-Section Editor Open Hypertension Journal Bentham Science Section Medical Technology

2020-Editorial Board Member Annals of Breast Surgery ISSN 2616-2776)

2020-Editorial Board Member Pharmacology Section of the Journal Biology MDPI

Academic Book Editor

1. Editor **Eugenia Yiannakopoulou** Book : "Diclofenac: Pharmacology, Uses and Adverse Effects" Series: Pharmacology - Research, Safety Testing and Regulation Publisher: Nova Science Pub Inc (November 8, 2019) ISBN-10: 153616321X, ISBN-13: 978-1536163216
2. Editor **Eugenia Yiannakopoulou** Book: ‘Environmental Pharmacology of Diclofenac’ Series: Pharmacology - Research, Safety Testing and Regulation Publisher: Nova Science Pub Inc April 2020 ISBN: 978-1-53617-466-3
3. Editor **Eugenia Yiannakopoulou** Book: ‘Adrenalectomy:Procedure, Complications and Outcomes’ Nova Publications
4. Editor Eugenia Yiannakopoulou Book ‘The Pharmacological Guide to Meloxicam’ Nova Publications
5. Editor **Eugenia Yiannakopoulou** Book ‘The Pharmacological Guide to Raloxifene’ Nova Publications

6. Editor **Eugenia Yiannakopoulou** "Laparoscopic Surgery: Techniques, Effectiveness and Potential Complications" Nova Publications
7. Editor **Eugenia Yiannakopoulou** Book: 'Pharmacogenomics; Nova Publications

Journal Reviewer:

- British Journal of Surgery
- Surgical Endoscopy
- Current Drug Targets
- European Journal of Pharmacology
- European Journal of Clinical Pharmacology
- European Journal of Cancer Prevention
- European Journal of Preventive Cardiology
- Human and Experimental Toxicology
- Journal of Cardiovascular Pharmacology
- Biomedicine and Pharmacotherapy
- Anticancer Agents in Medicinal Chemistry
- International Journal of Molecular Medicine
- Molecules
- Phytotherapy Research
- Tissue and Cell
- The Annals of Pharmacotherapy,
- Pharmacotherapy
- Journal of Clinical Pharmacology
- Developmental Medicine and Child Neurology
- Naunyn-Schmiedeberg's Archives of Pharmacology
- Journal of Surgery and Surgical Research
- Molecular Nutrition and Food Research
- Nutrition and Cancer
- Pathophysiology
- PLOS One
- Plant Foods for Human Nutrition
- Journal of Pharmacy Technology
- Southern Medical Journal

- Yonsei Medical Journal
- Current Clinical Pharmacology
- Recent Patents in DNA Gene Sequence
- Recent Patents on Cardiovascular Drug Discovery
- Journal of Bioinformatics and Sequence Analysis
- Surgery: Current Research
- Journal of Infectious Diseases and Immunity
- IOAB Journal
- IIOAB Letters
- Continental Journal of Pharmacology and Toxicology Research
- Scientific Journals International
- Journal of Pharmacovigilance
- Journal of African Studies and Development
- International Journal of Nanomedicine
- International Journal of Nanomedicine and Biotherapeutic Discovery
- Open Journal of Trauma
- International Journal of Immunopathology and Pharmacology
- Journal of the Egyptian National Cancer Institute
- Archives of Asthma, Allergy and Immunology
- Advances in Clinical Endocrinology and Metabolism
- SN Comprehensive Clinical Medicine

GRANT RESEARCH PROGRAM REVIEWER

2014 EAES (European Association of Endoscopic Surgery) Research Grant Program

2015 EAES (European Association of Endoscopic Surgery) Research Grant Program

2016 EAES (European Association of Endoscopic Surgery) Research Grant Program

2017 EAES (European Association of Endoscopic Surgery) Research Grant Program

2018 EAES (European Association of Endoscopic Surgery) Research Grant Program

2019 EAES (European Association of Endoscopic Surgery) Research Grant Program

2019 Grant Reviewer Research Promotion Foundation IRIS

2020 EAES (European Association of Endoscopic Surgery) Research Grant Program

REVIEWER OF ABSTRACTS SUBMITTED IN INTERNATIONAL CONGRESSES

- **2014** EAES Congress **Paris**
- **2015** EAES Congress **Bucharest**
- **2016** EAES Congress **Amsterdam**
- **2017** EAES Congress **Frankfurt**
- **2017** Congress of British Society of Pharmacology London December 2017
- **2018** EAES Congress **London**
- **2019** EAES Congress **Sevilla Spain**
- **2020** EAES Congress **Krakow Poland**

REVIEWER OF VIDEO OF SURGICAL OPERATIONS SUBMITTED FOR PRESENTATION IN INTERNATIONAL CONGRESSES

- **2014** EAES Congress **Paris**
- **2015** EAES Congress **Bucharest**
- **2016** EAES Congress **Amsterdam**
- **2017** EAES Congress **Frankfurt**
- **2018** EAES Congress **London**
- **2019** EAES Congress **Sevilla Spain**
- **2020** EAES Congress **Krakow Poland**

ACADEMIC APPOINTMENTS

2018- Faculty Staff MSc Biomedical Methods and Technology in Diagnosis Department of Biomedical Sciences Faculty of Health and Caring Professions, University of West Attica, Athens, Greece

2015-Faculty Staff MSc Biomedical Methods and Technology in Diagnosis Department of Medical Laboratories Highest Technological Educational Institute of Athens

2004-2005 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2005-2006 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2006-2007 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2007-2008 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2008-2009 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2009-2010 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

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2015-2016 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2016-2017 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2017-2018 Faculty Staff (Assistant Professor with non permanent position, evaluated for the position every year) Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Agiou Spyridonos Street 12210 Aigaleo, Athens, Greece

2018-2019 Academic Scholar Department of Biomedical Sciences Faculty of Health Sciences University of West Attica Athens, Greece

2018-2019 Winter Semester Academic Scholar Department of Public Health Faculty of Public Health University of West Attica Athens, Greece

2018-2019 Winter Semester Academic Scholar Department of Biomedical Engineering Faculty of Engineering University of West Attica, Athens, Greece

2018-2019 Academic Scholar Department of Nursing Faculty of Health Sciences University of West Attica Athens, Greece

2019-2020 Winter Semester Academic Scholar Department of Biomedical Sciences Faculty of Health Sciences University of West Attica Athens, Greece

2019-2020 Winter Semester Academic Scholar Department of Midwives Faculty of Health Sciences University of West Attica, Athens, Greece

2019-2020 Winter Semester Academic Scholar Department of Public Health Faculty of Public Health University of West Attica Athens, Greece

2019-2020 Winter Semester Academic Scholar Department of Biomedical Engineering Faculty of Engineering University of West Attica, Athens, Greece

2019-2020 Spring Semester Academic Scholar Department of Biomedical Sciences Faculty of Health Sciences University of West Attica Athens, Greece

2019-2020 Spring Semester Academic Scholar Department of Midwives Faculty of Health Sciences University of West Attica, Athens, Greece

2019-2020 Spring Semester Department of Nursing Faculty of Health Sciences University of West Attica Athens, Greece

RESEARCH APPOINTMENTS

2005-2007 Postdoctoral Research Fellow, Laboratory of Pharmacology University of Athens with scholarship of the National Scholarship Foundation Research

November 2002-February 2005 Tutor of Pharmacology Institute of Professional Education (IEK) of National Center of First Aid (EKAB) Health Street Cholargos 15669 Athens Greece -462 teaching hours

01/01/1992-31/05/1992 Researcher under payment, as an undergraduate medical student in the Research Program “Control in availability of pharmaceuticals in Greece in combination with countries of European Union” with the scientific responsibility of Professor of Pharmacology Medical School University of Athens Dionysios Baronos (K.A70/3/569)

TEACHING APPOINTMENTS IN PUBLIC CERTIFIED INSTITUTES OF PROFESSIONAL EDUCATION

November 2002-June 2003 February 2005 Tutor of Pharmacology Institute of Professional Education (IEK) of National Center of First Aid (EKAB) Health Street Cholargos 15669 Athens Greece -462 teaching hours

2003-2004 Tutor of Pharmacology Institute of Professional Education (IEK) of National Center of First Aid (EKAB) Health Street Cholargos 15669 Athens Greece -462 teaching hours

October 2004-February 2005 Tutor of Pharmacology Institute of Professional Education (IEK) of National Center of First Aid (EKAB) Health Street Cholargos 15669 Athens Greece -462 teaching hours

PROFESSIONAL APPOINTMENTS

2003-Scientifically Responsible and Administrative Director of my own private medical practice where I work as a Consultant Surgeon for provision of ambulatory Care. Private Praxis Address Eleutheriou Venizelou 106 17676 Kallithea Athens Greece. I am especially interested in Endocrine Surgery, Senology, Hepatobiliary-Pancreatic Surgery, Surgical Oncology, Genetic Counselling in Oncology.

As a surgeon I provide consultation for abdominal pain, diaphragmatic hernia, trauma, gastrointestinal tumors, inguinal hernia, umbilical hernia, incisional hernia, cholelithiasis, soft tissue tumors, venous insufficiency, pilonidal sinus diseases, hemorrhoids, anal fissure, anal fistula.

I am also interested in atherosclerosis and in the prevention of complications of atherosclerosis. I am really involved in the primary and secondary prevention of atherosclerosis. I am really active in advising patients towards the adoption of a healthy lifestyle, including cessation of smoking, weight loss, alcohol withdrawal, physical exercise, healthy diet.

As an Endocrine Surgeon I provide consultation for thyroid nodules and multinodular goiter, I coordinate the diagnostic work up of patients with thyroid carcinoma and I provide consultation for the adjuvant treatment of patients operated for thyroid carcinoma. I also follow up patients treated for thyroid

carcinoma or patients submitted to thyroidectomy for benign disease. Furthermore, I provide consultation for primary hyperparathyroidism, adrenal incidentaloma, secondary hypertension. I have special interest in the diagnosis and follow up of patients with mild asymptomatic hyperparathyroidism. In addition, I provide genetic counselling for familial and hereditary endocrine tumors i.e MENI, MENII. I am especially interested in second opinion consultation in cases needing a decision on the need of surgical indication. I approach my patients through the concept of personalized medicine.

As a Senologist, I work on the prevention, diagnosis and treatment of breast conditions. I am especially interested in primary and secondary prevention of breast cancer. Regarding primary prevention of breast cancer, I motivate patients on cessation of smoking, weight loss, physical exercise. I provide consultation for benign and malignant breast tumors, mastalgia, gynaecomastia, developmental breast abnormalities, inflammatory lesions, fibrocystic changes, stromal lesions. I co-ordinate the diagnostic work up of patients with breast neoplasms, I provide consultation for the adjuvant treatment of patients operated with breast carcinoma and I follow up patients treated with breast carcinoma.

2012- Consultant General Surgeon-Subspecialty Interests in Endocrine Surgery and Breast Surgery-Greek Contract with the Hellenic National Health Service Organisation (EOPYY)

2003- 2011 National Health Service Surgeon providing both emergency and elective health care. Contracts with most Health Care Branches of Social Insurance Funds, payed on-a-fee per service basis: e.g. EOPYY, Agricultural Bank of Greece, TAYTEKO, EYDAP, DEH, ETAA, EDOEAP, ETAP-MME, Ministry of National Defense, for provision of ambulatory care.

May 1997-April 2002 Resident of Surgery 1st University Surgical Clinic Laikon Hospital Agiou Thoma Athens Greece. During the last three years of my residency, I worked as a Chief Resident. Within the time period of my residency in surgery, I was trained in Gynaecology for six months and in Vascular Surgery for 6 months. In addition, since the 1st University Surgical Clinic includes a Vascular Unit, I had the chance to get additional training in Vascular Surgery, apart from standard training in General Surgery. As I resident, I was especially interested in Endocrine Surgery. Thus, I participated in a significant number of thyroidectomies, parathyroidectomies and adrenalectomies as a surgeon or as a first assistant. Furthermore, I was especially interested in minimally invasive surgery and I had the chance to participate in numerous operations of basic and advanced laparoscopic surgery. As a Resident I contributed in the teaching of medical students of the 4th and 6th academic year. In addition, I gave lectures in the context of the postgraduate courses organized in the clinic weekly.

September 1996-April 1997 Resident in the Transplantation Unit of Laikon Hospital of Athens The clinic was mostly focused in the Kidney transplantation.

March 1996-August 1996 Resident of Surgery Children Hospital Aglaia Kyriakou Athens Greece

February 2005-February 2006 Compulsory Rural Service in the context of National Health Service: Health Centre Agios Nikolaos Prefecture Hospital Messinia Greece During my rural service, I was director of the medical public practice of the village and I provided ambulatory care as a Doctor of General Medicine to the inhabitants of the village as well as to the inhabitants of a number of nearby villages.

ACADEMIC/TEACHING EXPERIENCE

PREGRADUATE EDUCATION

2004- 2018 FACULTY OF HEALTH AND CARING PROFESSIONS HIGHEST TECHNOLOGICAL EDUCATION OF ATHENS GREECE

COURSES TAUGHT

ANATOMY

PHARMACOLOGY

SURGERY

PATHOLOGY

ANAESTHESIOLOGY

FIRST AID

Full responsibility of the curriculum of the courses, of the communication and support of the students as well as of the evaluation of the students at the end of the semester. Work Load: Fifteen teaching hours per week with full responsibility of the academic program, performance of exams and contribution to administrative duties of the Institution

• **2004-2005** Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens

Assignment of teaching theory of Clinical Pharmacology 2 hours per week

• **2005-2006** Department of Dental Technology Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens

Assignment of teaching theory of Anatomy

• **2005-2006** Department of Biomechanical Engineering Faculty of Engineering , Highest Technological Educational Institute of Athens

Assignment of teaching theory of Anatomy

- **2005-2006** Assignment of teaching theory of Pathology in the Department of Nursing Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- **2005-2006** Assignment of teaching theory of First Aid in the Department of Dental Technology Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens, 3 hours per week
- **2005-2006** Assignment of teaching theory of Anatomy in the Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens, 2 hours per week
 - **2006** On line teaching of Anatomy for the students of the Department of Biomedical Engineering

2006-2018

- Assignment of teaching theory of Anatomy in the Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens,
- Assignment of teaching theory of Anatomy in the Department of Dental Technology Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Anatomy in the Department of Optics Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Anatomy of Central Nervous System in the Department of Optics Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens,
- Assignment of teaching theory of Surgery in the Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Clinical Pharmacology in the Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Pharmacology in the Department of Public Health Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Pharmacology in the Department of Nursing Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of First Aid in the Department of Physiotherapy Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of First Aid in the Department of Radiology and Radiation Therapy Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens

- Assignment of teaching theory of First Aid in the Department of Preschool Education Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens • Αυτοδύναμο διδακτικό έργο Παθολογίας Τμήμα Νοσηλευτικής ΣΕΥΠ ΑΤΕΙ Αθηνών
- Assignment of teaching theory of Anaesthesiology in the Department of Midwives Faculty of Health and Caring Professions, Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Anatomy in the Department of Biomedical Engineering Faculty of Engineering , Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Surgery in the Department of Physiotherapy Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Assignment of teaching theory of Pharmacology in the Department of Physiotherapy Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens

As a Tutor, in the above assignments I had the full responsibility of the didactic program, of the evaluation of the students in the semester exams as well of the administrative work that is associated with my role as an Academic Teacher.

2004- Assignment of training students in the Laboratory of Anatomy and First Aid, as follows:

- Anatomy I Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Anatomy I Department of Nursing Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Anatomy II Department of Nursing Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Anatomy Department of Aesthetics Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Anatomy Department of Ergotherapy Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- Anatomy Department of Public Health Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- First Aid Department of Physiotherapy Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens
- First Aid Department of Radiology and Radiation Therapy Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens

2018 -2019 Lectures of Anatomy Department of Biomedical Sciences Faculty of Health and Caring Professions University of West Attica, Athens, Greece

2018-2019 Lectures of Anatomy Department of Biomedical Engineering Faculty of Engineering University of West Attica Ανατομίας (2 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2018-2019 Assignment of Teaching of the Laboratory of Anatomy Department of Biomedical Sciences Faculty of Health and Caring Professions University of West Attica, Athens, Greece

2018-2019 Assignment of Teaching of the Laboratory of Anatomy Department of Nursing University of West Attica, Athens, Greece

2018-2019 Assignment of teaching of Laboratory of Anatomy (4 hours per week) Department of Public Health Faculty of Public Health, University of West Attica, Athens, Greece Full Responsibility of the Teaching Program and of the final evaluation of students

2018-2019 Lectures of Pharmacology Department of Nursing Faculty of Faculty of Health and Caring Sciences, University of West Attica (3 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2018-2019 Assignment of Teaching of the Laboratory of Physiology Department of Nursing University of West Attica, Athens, Greece (2 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2018-2019 Assignment of Teaching of the Laboratory of Physiology Department of Biomedical Sciences Faculty of Health and Caring Professions University of West Attica, Athens, Greece

2019-2020 Lectures of Anatomy Department of Biomedical Engineering Faculty of Engineering University of West Attica (2 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2019-2020 Lectures of *Pharmacology in Obstetrics and Gynaecology* Department of Midwives Faculty of Health Sciences University of West Attica (2 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2019-2020 Assignment of teaching of Laboratory of Anatomy (4 hours per week) Department of Public Health Faculty of Public Health, University of West Attica, Athens, Greece Full Responsibility of the Teaching Program and of the final evaluation of students

2019-2020 Assignment of teaching of Laboratory of Anatomy (8 hours per week) Department of Biomedical Sciences, Faculty of Health Sciences, University of West Attica, Athens, Greece Full Responsibility of the Teaching Program and of the final evaluation of students

2020-2021 Assignment of teaching of Laboratory of Physiology (8 hours per week) Department of Biomedical Sciences, Faculty of Health Sciences, University of West Attica, Athens, Greece Full Responsibility of the Teaching Program and of the final evaluation of students

2020-2021 Lectures of **Pharmacology** Department of Nursing Faculty of Health Sciences University of West Attica (3 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

2020-2021 Lectures of **First Aid-Management of Emergency Cases in Obstetrics and Gynaecology** Department of Midwives Faculty of Health Sciences University of West Attica (2 hours per week) Full Responsibility of the Teaching Program and of the final evaluation of students

Bachelor thesis supervisor

- Department of Midwives Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens (ATEI)
 - **2008-2009:** *Barbaki Dora & Bilali Evaggelia Thesis Topic “Endometriosis’ Athens 2009*
 - **2008-2009** *Baka Galateia & Barbaki Theodora Thesis Topic ‘Clinical Anatomy of Female Reproductive System Athens 2009*
 - **2008-2009** *Makri Anastasia, Mavridou Georgia, Blatsioti Anastasia Thesis Topic “Benign Breast Diseases’ Athens 2009*
 - **2008-09** *Sofia Belesi Thesis Topic ‘Uterine fibromyomas and Therapeutic Approach*
- Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens (ATEI)
Student Vaggelis Santorinaios Thesis Topic ‘Serious anaphylactic reactions: First Aid’ Supervisor Eugenia Yiannakopoulou
- **2018-2019** Department of Biomedical Sciences Faculty of Health and Caring Sciences University of West Attica, Athens Greece
 - *Student Anastasia Kotsironi Thesis Topic ‘Anatomy of Neck muscles’ Supervisor Eugenia Yiannakopoulou*
 - Bachelor Thesis Advisor
- Konstantionos Chasapidis Thesis Topic ‘Extra-corporeal Circulation’ Department of Biomedical Engineering

Academic Course Co-ordinator

2019-2020 Course Coordinator and Tutor of the Course ‘Radiological Anatomy’ for the Department of Biomedical Engineering, Faculty of Engineering, University of West Attica. This Course has been offered for the first time in the Department of Biomedical Engineering.

As Course Coordinator I designed the Curriculum of the Course of Radiological Anatomy for the Students of the Department. The Course is structured in four modules including: Module I Radiological Anatomy of Head and Neck; Module II Radiological Anatomy of Thorax-Upper Limb; Module III Radiological Anatomy of Abdomen’; Module IV Radiological Anatomy of Pelvis Lower Limb Each module includes lectures of 2hours and e-learning didactic material. All the lectures are given by myself and I also submit the e-learning didactic material. At the end of the Course students were evaluated by written exams. The Course has been successfully attended by 40 students.

TEACHING EXPERIENCE IN POST-GRADUATE EDUCATION PROGRAMS (MASTERS)

2008 Tutor of the module “**Surgical Management of pain**” for the postgraduate students of the Master in Science “Pain Treatment” (organized by Faculty of Health and Caring Professions Technological Educational Institute of Athens and Medical School University of Ioannina)

2010 Tutor of the module “**Mental practice as an alternative training method in minimally invasive surgery**” for the postgraduate students of the Master in Science “Minimally invasive surgery, robotic surgery and telesurgery” Medical School National and Kapodistrian University of Athens Contribution in the semester exams of the students

2011 Tutor of the module “**Mental practice as an alternative training method in minimally invasive surgery**” for the postgraduate students of the Master in Science “Minimally invasive surgery, robotic surgery and telesurgery” Medical School National and Kapodistrian University of Athens Contribution in the semester exams of the students

2015-2016 Faculty Staff for the Master of Science ‘Biomedical Methods and Technology for Diagnosis’ Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Tutor of the module ‘Genetic predisposition and early diagnosis of endocrine-neuroendocrine tumors’. The module includes the units: Familial and hereditary thyroid carcinoma, familial and hereditary pheochromocytoma, pancreatic neuroendocrine tumors, MEN I, MENII, other endocrine syndromes. Contribution of MCQ questions for the evaluation of the students in the module and submission of proposed Thesis Topics in the field of the module.

2016-2017 Faculty Staff for the Master of Science ‘Biomedical Methods and Technology for Diagnosis’ Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Tutor of the module ‘Genetic predisposition and early diagnosis of endocrine-neuroendocrine tumors’. The module includes the units: Familial and hereditary thyroid

carcinoma, familial and hereditary pheochromocytoma, pancreatic neuroendocrine tumors, MEN I, MENII, other endocrine syndromes. Contribution of MCQ questions for the evaluation of the students in the module and submission of proposed Thesis Topics in the field of the module.

2017-2018 Faculty Staff for the Master of Science ‘Biomedical Methods and Technology for Diagnosis’ Department of Medical Laboratories Faculty of Health and Caring Professions Highest Technological Educational Institute of Athens Tutor of the module ‘Genetic predisposition and early diagnosis of endocrine-neuroendocrine tumors’ The module includes the units: Familial and hereditary thyroid carcinoma, familial and hereditary pheochromocytoma, pancreatic neuroendocrine tumors, MEN I, MENII, other endocrine syndromes. Contribution of MCQ questions for the evaluation of the students in the module and submission of proposed Thesis Topics in the field of the module.

2018-2019 Faculty Staff for the Master of Science ‘Biomedical Methods and Technology for Diagnosis’ Department of Biomedical Sciences Faculty of Health and Caring Sciences University of West Attica, Athens, Greece Tutor of the module ‘Genetic predisposition and early diagnosis of endocrine-neuroendocrine tumors’ The module includes the units: Familial and hereditary thyroid carcinoma, familial and hereditary pheochromocytoma, pancreatic neuroendocrine tumors, MEN I, MENII, other endocrine syndromes. Contribution of MCQ questions for the evaluation of the students in the module and submission of proposed Thesis Topics in the field of the module.

2019-2020 Faculty Staff for the Master of Science ‘Biomedical Methods and Technology for Diagnosis’ Department of Biomedical Sciences Faculty of Health and Caring Sciences University of West Attica, Athens, Greece Tutor of the module ‘Genetic predisposition and early diagnosis of endocrine-neuroendocrine tumors’ The module includes the units: Familial and hereditary thyroid carcinoma, familial and hereditary pheochromocytoma, pancreatic neuroendocrine tumors, MEN I, MENII, other endocrine syndromes. Contribution of MCQ questions for the evaluation of the students in the module and submission of proposed Thesis Topics in the field of the module.

Master thesis Member of Advising Committee

Teaching Experience in Institutes of Vocational Training

Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid (EKAB) with full responsibility of the didactic program and of the evaluation of the students in the semester exams, as follows

• **2004-05** *Assignment of Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid in the Winter Semester : 66 didactic hours*

- **24/02/04-04/06/04** *Assignment of Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid: 94 didactic hours*
- **7/10/03-27/01/04** *Assignment of Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid.: 82 didactic hours*
- **25/02/03-13/06/03** *Assignment of Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid.: 164 didactic hours*
- **22/11/02-28/01/03** *Assignment of Teaching Pharmacology in the Public Institute of Vocational Training of the National Center of First Aid.: 56 didactic hours*

INVITED SPEAKER AND FACULTY MEMBER

1. **October 2012** Seminar of Biomedical Experimental Research for Health Professionals Athens 11-12/10/2012
2. **November 2012** Post-graduate Training Course in Basic Laparoscopic Surgery Athens 5-7/11/2012
3. **June 2014** 14th World Congress of Endoscopic Surgery Paris 26-28 June 2014
4. **June 2015** 23rd Congress of European Association of Endoscopic Surgery Bucharest 3-6 June 2015
5. **September 2015** 51st Congress of the European Societies of Toxicology Porto 13-16 September 2015.
6. **June 2016** 24rd EAES Congress Amsterdam 2016
7. **June 2017** Invited Speaker Masterclass Research methodology Frankfurt
8. **June 2017** Tutor Hands On Course Ultrasound EAES Congress Frankfurt
9. **November 2017** Invited Speaker 9th National Congress of the Romanian Society of Endoscopic Surgery 23-25 November 2017 Bucharest «**Role of partial adrenalectomy in the minimally invasive era**»
10. **May 2018** Invited Speaker Masterclass Research Talent Academy London 26th EAES Congress
12. **May 2018** Tutor Hands On Course Ultrasound 26th EAES Congress London
13. **June 2019** Invited Speaker Masterclass Research Talent Academy Sevilla Spain 27th EAES Congress
14. **June 2019** Tutor Hands On Course Ultrasound 27th EAES Congress Sevilla Spain
15. **June 2019** Invited Speaker 27th EAES Congress Sevilla Spain ‘**What’s new in adrenal surgery?**’
16. **November 2019** Invited Speaker 10th National Congress of the Romanian Society of Endoscopic Surgery 20-24 November 2019 Lecture entitled ‘**Robotic assisted adrenal surgery: recent advances**’

17. **November 2019** Invited Speaker 10th National Congress of the Romanian Society of Endoscopic Surgery 20-24 November 2019 Lecture entitled ‘The role of minimally invasive surgery in the treatment of neuroendocrine pancreatic tumors’

18. **November 2019** Invited Speaker ‘Role of intra-operative ultrasound in endocrine surgery’ Hands on Course ‘Intraoperative Ultrasound’ 10th National Congress of the Romanian Society of Endoscopic Surgery 20 November 2019

19. **November 2019 Tutor** Hands on Course ‘Intraoperative Ultrasound’ 10th National Congress of the Romanian Society of Endoscopic Surgery 20 November 2019 Contribution in the two modules of the Course ‘Intra-operative Ultrasound in Open Surgery’ and ‘Intra-operative Ultrasound in Laparoscopic Surgery’.

20. **November 2019** Invited Speaker ‘Aspirin repurposing in Oncology’ 6th Global Cancer Conference Athens 15-16 November 2019

21. **November 2019** Invited Speaker ‘The effect of exercise in the management of chronic pain’ 5th Global Pain Conference Athens 15-16 November 2019

22. **November 2019** Invited Speaker ‘Targeting Oxidative stress in multiple sclerosis: from basic research to clinical implications’ 3rd International Conference of Neuroscience Athens 15-16 November 2019

Member of International Committees

2014- Member of the Research Committee of the European Association of Endoscopic Surgery

As a member of the Research Committee I have contributed to the development of Research Agenda for EAES, to the development of the Scientific Program of the Scientific Congresses of EAES, to the Review of Abstracts and Surgical Videos submitted to the International Congress of EAES, to the teaching of young surgeons in research methodology. I have also contributed to the evaluation of Applications of EAES Research Grant Projects.

2018- Member of the Research Talent Subcommittee As a member of the Research Talent Subcommittee I proposed a Distance Learning Diploma for training surgeons in Research Methodology. The Proposal was approved by the Executive Board of EAES and I prepared the Curriculum. However, the project has not proceeded up to now.

Member of Scientific Societies

1991-1994 HELLSMIC Hellenic Medical Student Association, Member of IFMSA

2000-present Hellenic Surgical Society

2000-present Hellenic Pharmacological Society

- 2001-present** Hellenic Laparoendoscopic Society
- 2001-present** EAES European Association for Endoscopic Surgery
- 2009- present** Hellenic Society of Mastologia
- 2009-present International Society of Senology
- 2010-2012** European Society of Lymphology
- 2011-2012** **MIRA**
- 2007-2010** International Society of Clinical Biostatisticians
- 2015-** British Pharmacological Society
- 2015-** European Association of Endocrine Surgery
- 2015-** European Network for the Study of Adrenal Tumors ENSAT

As a member of ENSAT I participate in the Adrenal Carcinoma ACC working group, in the pheochromocytoma-paraganglioma Pheo-PPGL working group , Aldosteronism APA working group as well as in the NAPACA Working group.

- 2015-** European Association of Clinical Pharmacology and Therapeutics
- 2017-** British Association of Endocrine and Thyroid Surgeons

Funded Research

2005-2007 11,800 euros PI Postdoctoral Research Grant funded by the State Scholarship Foundation

2004 Postdoctoral researcher : Research program "Study of the effect of pharmacologically active substances in *Saccharomyces cerevisiae* under stress" Laboratory of Pharmacology funded by Medical School of Athens under the scientific responsibility of Assistant Professor Ekaterini Tiligada

01/01/1992-31/05/1992 Researcher: Research Program "Control in availability of pharmaceuticals in Greece in combination with countries of European Union" with the scientific responsibility of Professor of Pharmacology Medical School University of Athens Dionysios Baronos (K.A70/3/569)

Submission of Funded Research Proposals with negative outcome

2009 Submission of Research Proposal for Funding under the Framework of European Research Council Application for an ERC Starting Grant. Suggested Host Institution Laboratory of Experimental Surgery Medical School University of Athens Topic of the Proposal Surgical Stress Response Role: Primary Investigator

2011 Submission of Research Proposal for Funding under the Framework of European Research Council Application for an ERC Starting Grant. Suggested Host Institution Laboratory of Experimental Surgery

Medical School University of Athens Topic of the Proposal Surgical Stress Response Role in the Proposal: Primary Investigator

2008 Submission of Research Proposal for Funding under the Framework of European Research Council Application for an ERC Synergy Grant with Collaboration with the Laboratory of Pharmaceutical Chemistry of Hellenic National Research Foundation. Suggested Host Institutions: Laboratory of Experimental Surgery Medical School University of Athens and Laboratory of Pharmaceutical Chemistry Hellenic National Research Foundation. Role in the proposal Primary Investigator

RESEARCH ACTIVITY

Undergraduate Research Activity

1990-1994 As an undergraduate student I was trained in the methodology of basic pharmacological research in cellular stress in the experimental model of the unicellular eukaryotic organisms *Saccharomyces Cerevisiae* ATCC 2366 under the guidance of the Associate Professor Andreas Delitheos and of the Lecturer Ekaterini Tyligada.

1990-1994 I was trained in the methodology of research of adverse drug reactions under the guidance of the Associate Professor John Papadopoulos. The results of these research efforts were presented as oral presentations in Panhellenic and European Congresses..

01/01/1992-31/05/1992 Investigator in the Research Program “Control in availability of pharmaceuticals in Greece in combination with countries of European Union” with Principal Investigator Professor of Pharmacology Dionysios Varonos (K.A70/3/569).

POSTGRADUATE RESEARCH ACTIVITY

1997-2002 My research activities were focused in the field of Clinical Pharmacology with special interest in the investigation of the factors that affect patient adherence to the antihypertensive medical therapy as well as in the methods that could lead to the improvement of the adherence. Especially, I investigated the effect of adverse drug reactions as well as of the dosing regimen in adherence. My work led to my PhD Thesis entitled ‘Quality of diagnosis and treatment of arterial hypertension in Greece’.

2002-2004 I investigated the role of meta-analysis of randomized clinical trials in the evaluation of adverse drug events and especially of the adverse drug events of the inhibitors of cyclo-oxygenase II. My work led to my Master thesis entitled ‘Meta-analysis of Randomized Clinical Trials for the evaluation of safety of coxibs for the Msc Biostatistics Medical School and Department of Mathematics University of Athens, Athens 2004 In addition, my research work led to the publication of guidelines on the methodology of meta-analyses that study adverse drug events.

2003-2005 I investigated the role of salicylates and of the other non steroidal anti-inflammatory agents in the mechanisms of adaptation to cellular stress. In the context of my research work, I developed the methodology of oxidative stress in the unicellular eukaryotic organism *S. cerevisiae* ATCC 2366 as well as the methodology of measurement of total thiols and of glutathione as biomarkers of the cellular redox state. My work led to the publication of my Master Thesis entitled Systematic review of the effect of oxidative stress in minimally invasive surgery in comparison with conventional surgery. Msc Thesis for the Msc “Minimally invasive surgery, robotic surgery and telesurgery” Athens 2009.

2004 Investigator in the Research Program ”Study of the effect of pharmacologically active substances in *Saccharomyces cerevisiae* under stress” Laboratory of Pharmacology funded by Medical School of Athens under the scientific responsibility of Assistant Professor Ekaterini Tiligada

2005-2007 Post-doctoral Researcher in the Laboratory of Pharmacology Medical School University of Athens, investigating the role of salicylates in pre-conditioning, as Primary Investigator.

2007-2009 I investigated the role of oxidative stress as well as of the pharmacological modulation of oxidative stress in minimally invasive surgery. My work led to the publication of my Master Thesis entitled ‘Systematic review of the effect of oxidative stress in minimally invasive surgery in comparison with conventional surgery. Msc Thesis for the Msc “Minimally invasive surgery, robotic surgery and telesurgery” Athens 2009 as well as in a number of publications in International Peer Reviewed Journals.

2010 – I work as a Primary Investigator. My research interests are focused in the fields of Minimally Invasive Surgery, Endocrine Surgery, Pharmacology, Senology and include the following:

Minimally Invasive Surgery:

- My research interests include the role of surgical stress in minimally invasive surgery, the effect of robotic assisted surgery in the surgical stress response, the pharmacological modulation of surgical stress response
- I am also interested in the alternative methods of surgical training, i.e virtual reality simulators, mental training

Pharmacology

- drug safety with special interest in analgesics, antimicrobial agents, antiplatelets, anticoagulants, hormones, other endocrine medicines as well as antineoplastic agents.
- investigation of possible anticancer effect of old drugs ‘drug repurposing in oncology’ with special interest in aspirin and the other non steroidal anti-inflammatory agents
- the role of pharmacogenomics in drug safety

Senology

- novel drug design for breast carcinoma
- investigation of possible anticancer effect of aspirin and of the other non steroidal anti-inflammatory agents

- investigation of the possible anticancer effect of green tea catechins
- the role of familial history in the risk of occurrence of breast carcinoma

Endocrine Surgery

- Robotic assisted adrenal Surgery
- Partial Adrenalectomy
- Hereditary and familial endocrine tumors
- Adjuvant treatment of thyroid carcinoma

Novel paedagogical approaches in academic teaching

Current Research projects

1. Primary Investigator Eugenia Yiannakopoulou Project Title The role of web based training in combination with methods of active learning in academic teaching of Midwives students in the First Aid and Management of Emergency Cases **Academic Host** Department of Midwives Faculty of Health Sciences University of West Attica, Athens, Greece

2. Primary Investigator Eugenia Yiannakopoulou Project Title Investigation of the role of ultrasound in the as adjunctive method in the training of students in the laboratory of Anatomy **Academic Host** Laboratory of Anatomy, Pathology and Physiology Department of Biomedical Sciences, Faculty of Health Sciences University of West Attica, Athens, Greece

3. Primary Investigator Eugenia Yiannakopoulou Project Title Investigation of the role of Web Based Training in Pharmacokinetics Course **Academic Host** Department of Nursing, Faculty of Health Sciences University of West Attica, Athens, Greece

Research Collaborations

- **Laboratory of Pharmacology Medical School of Athens NKUA**
- **1st University Surgical Clinic Medical School of Athens NKUA**
- **Laboratory of Surgical Research Medical School of Athens NKUA** This collaboration led to the submission of a Research Proposal in 2009 as well as in 2011 in the context of European Research Council Starting Grants. Furthermore, a Research Proposal was submitted in 2008 in the context of European Research Council Synergy Grants.
- **Laboratory of Epidemiology Medical School of Athens NKUA**
- **Medical School University of Strassburg France**

These scientific collaborations have led to publications in International Peer Reviewed Journals

- **Laboratory of Pharmaceutical Chemistry National Research Foundation Athens Greece**

This collaboration led to the submission of a Research Proposal in the context of ERC Synergy Grants in 2008.

PUBLICATION LIST

PhD Thesis, Msc Thesis, PostDoctoral Scholarship Final Report:

- [1] **Yiannakopoulou E** Systematic review of the effect of oxidative stress in minimally invasive surgery in comparison with conventional surgery. Msc Thesis for the Msc “Minimally invasive surgery, robotic surgery and telesurgery” Athens 2009
- [2] **Yiannakopoulou E** Investigation of the role of salicylates in preconditioning Final Report for Postdoctoral Research (IKY Scholarship 15109/07.10.2005) Athens 2007
- [3] **Yiannakopoulou E** Quality of diagnosis and treatment of arterial hypertension in Greece PhD Thesis Medical School University of Athens, Athens 2003 (3 Citations)
- [4] **Yiannakopoulou E** Meta-analysis of Randomized Clinical Trials for the evaluation of safety of coxibs Msc Thesis for the Msc Biostatistics Medical School and Department of Mathematics Univesity of Athens, Athens 2004
- [5] **Yiannakopoulou E** Systematic review of the effect of oxidative stress in minimally invasive surgery in comparison with conventional surgery. Msc Thesis for the Msc “Minimally invasive surgery, robotic surgery and telesurgery” Athens 2009

BOOK CHAPTERS :

1. **Eugenia Yiannakopoulou** *Anticancer Effects of Diclofenac: A multitarget approach* Book "Diclofenac: Pharmacology, Uses and Adverse Effects" Editor Eugenia Yiannakopoulou Series: Pharmacology - Research, Safety Testing and Regulation Publisher: Nova Science Pub Inc (November 8, 2019) ISBN-10: 153616321X, ISBN-13: 978-1536163216
2. **Eugenia Yiannakopoulou** *Diclofenac and severe adverse reactions* Book "Diclofenac: Pharmacology, Uses and Adverse Effects" Editor Eugenia Yiannakopoulou Series: Pharmacology - Research, Safety Testing and Regulation Publisher: Nova Science Pub Inc (November 8, 2019) ISBN-10: 153616321X, ISBN-13: 978-1536163216
3. **Eugenia Yiannakopoulou** *Targeting stress response with diclofenac* Book "Diclofenac: Pharmacology, Uses and Adverse Effects" Editor Eugenia Yiannakopoulou Series: Pharmacology - Research, Safety Testing and Regulation Publisher: Nova Science Pub Inc (November 8, 2019) ISBN-10: 153616321X, ISBN-13: 978-1536163216
4. **Eugenia Yiannakopoulou** *Thyroid effects of diclofenac* Book "Diclofenac: Pharmacology, Uses and Adverse Effects" Editor Eugenia Yiannakopoulou Series: Pharmacology - Research, Safety Testing and

Regulation Publisher: Nova Science Pub Inc (November 8, 2019) ISBN-10: 153616321X, ISBN-13: 978-1536163216

5. Eugenia Yiannakopoulou Multi-target approach for oxidative stress modulation by aspirin, salicylates and the other NSAIDs: clinical implications in atherosclerosis. Book Titled: Modulation of Oxidative Stress in Heart Disease. Editor Saraj Cakraborti SAGES Publishing

6. **Eugenia Yiannakopoulou** The role of robotic assisted adrenalectomy in minimally invasive era e-Book Advances in Robotics Publisher: MedDocs Publishers LLC Published On line May 25, 2019

7. **Eugenia Yiannakopoulou** *The role of partial adrenalectomy in the treatment of primary hyperaldosteronism* Accepted for publication in the Book '*Adrenalectomy: Procedure, Complications and Outcome*' Editor Eugenia Yiannakopoulou Publisher Nova Publications In process

8. **Eugenia Yiannakopoulou** *The role of adrenal preserving surgery in the treatment of Cushing Syndrome* Accepted for publication in the Book '*Adrenalectomy: Procedure, Complications and Outcome*' Editor Eugenia Yiannakopoulou Publisher Nova Publications In process

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I have translated three English Medical Books of Pharmacology and Physiology and three German Medical Books of Clinical Pharmacology and Therapeutics

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- 3. Eugenia Yiannakopoulou** Conventional laparoscopic and robot assisted central pancreatectomy for neuroendocrine pancreatic tumors: Systematic Review

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1. **Yiannakopoulou Eugenia** Focused minimally invasive parathyroidectomy in the treatment of patients with familial and hereditary hyperparathyroidism Poster Presentation 26th EAES Congress 2019 Sevilla Spain
2. **Yiannakopoulou Eugenia** Minimally Invasive Partial Adrenalectomy in the Treatment of hereditary Pheochromocytoma Poster Presentation 2019 26th EAES Congress Sevilla Spain
3. **Yiannakopoulou Eugenia** The role of minimally invasive surgery in the treatment of pancreatic neuroendocrine tumors focusing on safety and clinical outcome: systematic review Presentation in the 23rd EAES Congress 2017 Amsterdam
4. **Eugenia Yiannakopoulou** Robotic assisted adrenalectomy: surgical techniques, feasibility, indications, oncological outcome and safety: Systematic Review Oral presentation in the 23rd EAES Congress Bucharest June 2015
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9. **Yiannakopoulou Eugenia**, Nikiteas Nikolaos, Perrea Despina, Tsigris Christos “Mental practice as an alternative means of training in the era of minimally invasive surgery” Accepted for Poster Presentation 19th EAES International Congress Torino Italy 15-18 June 2011
10. **Yiannakopoulou Eugenia**, Nikiteas Nikolaos, Perrea Despina, Tsigris Christos Feasibility and safety of robot assisted adrenalectomy Poster Presentation in 6TH MIRA Annual International Congress Athens Greece 2011
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